

MSHSL ACTIVITY PROGRAMS AND PARTICIPANTS

The Minnesota State High School League sponsors one of the most comprehensive programs of interscholastic activities in the United States—activities that involve 525 member schools, 232,925 students, 22,197 coaches, and 9,564 contest officials and judges. According to a national survey of 50 state high school athletic/activity associations, Minnesota ranks 10th in the nation in the total number of student athletes. Here's a look at the 43 activity programs offered by League member schools during the 2013–2014 school year and the scores of students involved in them.

Adapted Bowling (Co-ed)

- 41 participating schools (CI)
 - 211 participants
 - 35 participating schools (PI)
 - 58 participants
 - 2 Championships
- Nationally:** 114 participating schools
632 participants

Adapted Floor Hockey (Co-ed)

- 57 participating schools (CI)
- 247 participants
- 61 participating schools (PI)
- 155 participants
- 2 Championships

FYI Minnesota is the only state that sponsored Adapted Floor Hockey during the 2013–2014 school year.

Adapted Soccer (Co-ed)

- 67 participating schools (CI)
 - 205 participants
 - 48 participating schools (PI)
 - 112 participants
 - 2 Championships
- Nationally:** 116 participating schools
541 participants



Adapted Softball (Co-ed)

- 67 participating schools (CI)
 - 274 participants
 - 52 participating schools (PI)
 - 157 participants
 - 2 Championships
- Nationally:** 130 participating schools
637 participants

FYI Minnesota was the first of five state high school activity associations to sponsor adapted athletic programs for students with disabilities.

Girls' Badminton

- 18 participating schools
 - 535 participants
- Nationally:** 464 participating schools
12,152 participants

Baseball

- 430 participating schools
 - 13,145 participants
 - 3 Championships
- Nationally:** 15,789 participating schools
483,695 participants (includes girls)

FYI Baseball is currently the fourth most popular sport for boys nationwide. It ranks fourth for students in Minnesota.

Boys' Basketball

- 472 participating schools
 - 13,282 participants
 - 4 Championships
- Nationally:** 18,126 participating schools
541,054 participants

FYI Basketball is currently the third most popular sport for boys in Minnesota. It ranks third for boys nationwide.

Girls' Basketball

- 457 participating schools
 - 11,697 participants
 - 4 Championships
- Nationally:** 17,754 participating schools
433,344 participants

FYI Nationwide, basketball is the second most popular sport for girls. It's currently the fourth most popular sport for girls in Minnesota.

Boys' Cross Country Running

- 354 participating schools
 - 7,079 participants
 - 2 Championships
- Nationally:** 14,473 participating schools
252,547 participants

Girls' Cross Country Running

- 352 participating schools
 - 8,688 participants
 - 2 Championships
- Nationally:** 14,267 participating schools
218,121 participants

FYI Nationwide, cross country running is the sixth most popular sport for girls and seventh for boys.

Girls' Dance Team (competitive)

- 175 participating schools (Jazz)
- 4,123 participants
- 184 participating schools (High Kick)
- 4,812 participants
- 6 Championships

Football

- 440 participating schools (includes 11 and 9 man)
 - 25,487 participants
 - 7 Championships
- Nationally:** 14,523 participating schools (11 man and 9 man—does not include girls)
1,094,949 participants (includes girls)

FYI Nationwide, football is the most popular sport for boys. It's also the activity involving the most student-athletes in Minnesota.

Boys' Golf

- 377 participating schools
 - 5,526 participants
 - 3 Championships
- Nationally:** 13,493 participating schools
152,647 participants

FYI Nationally, golf ranks in the top 10 most popular sports for boys (9th).

Girls' Golf

- 363 participating schools
 - 4,206 participants
 - 3 Championships
- Nationally:** 9,815 participating schools
72,172 participants

Girls' Gymnastics

- 195 participating schools
 - 2,608 participants
 - 2 Championships
- Nationally:** 1,526 participating schools
19,231 participants

FYI Minnesota has the highest participation rate in the country.

Boys' Ice Hockey

- 274 participating schools
 - 5,718 participants
 - 2 Championships
- Nationally:** 1,585 participating schools
35,393 participants

FYI Minnesota has the second highest participation rate in the country.

Girls' Ice Hockey

- 245 participating schools
 - 3,784 participants
 - 2 Championships
- Nationally:** 612 participating schools
9,150 participants

FYI Minnesota leads the nation in number of participants.

Boys' Lacrosse

- 84 participating schools
 - 3,223 participants
 - 1 Championship
- Nationally:** 2,535 participating schools
106,720 participants

Girls' Lacrosse

- 87 participating schools
 - 3,525 participants
 - 1 Championship
- Nationally:** 2,336 participating schools
81,969 participants

FYI Lacrosse is the 10th most popular sport for girls nationwide.

Boys' Alpine Ski

- 117 participating schools
 - 1,022 participants
 - 1 Championship
- Nationally:** 557 participating schools
5,593 participants

FYI Minnesota has the 2nd highest number of participants nationally.

Girls' Alpine Ski

- 119 participating schools
 - 831 participants
 - 1 Championship
- Nationally:** 545 participating schools
4,541 participants

FYI Nationally, Minnesota has the 2nd highest participation rate.

Boys' Nordic Ski Racing

- 113 participating schools
 - 1,966 participants
 - 1 Championship
- Nationally:** 361 participating schools
4,406 participants

Girls' Nordic Ski Racing

- 113 participating schools
 - 2,403 participants
 - 1 Championship
- Nationally:** 365 schools
4,863 participants

FYI Minnesota leads the nation in the number of participants for boys and girls.

Boys' Soccer

- 244 participating schools
 - 8,958 participants
 - 2 Championships
- Nationally:** 11,718 participating schools
417,419 participants



Girls' Soccer

- 230 participating schools
 - 7,835 participants
 - 2 Championships
- Nationally:** 11,354 participating schools
374,564 participants

FYI Nationwide, soccer is the fifth most popular sport for boys and fourth for girls.

Girls' Fast-Pitch Softball

- 418 participating schools
 - 12,737 participants
 - 3 Championships
- Nationally:** 15,225 participating schools
364,297 participants

FYI Fast-pitch softball is the 3rd most popular sport for girls in Minnesota.

Boys' Swimming & Diving

- 157 participating schools
 - 3,853 participants
 - 2 Championships
- Nationally:** 7,101 participating schools
138,373 participant

Girls' Swimming & Diving

- 199 participating schools
 - 5,749 participants
 - 2 Championships
- Nationally:** 7,429 participating schools
165,779 participants

FYI Nationwide, swimming and diving is the 10th most popular sport for boys and 8th for girls.

Girls' Synchronized Swimming

- 21 participating schools
 - 446 participants
- Nationally:** 32 participating schools
603 participants

FYI Minnesota, Michigan and Ohio are the only states that sponsor synchronized swimming. Minnesota has the most participants.

Boys' Tennis

- 191 participating schools
 - 4,916 participants
 - 2 Championships
- Nationally:** 9,849 participating schools
160,545 participants

A national survey involving 51 state high school associations shows that participation increased for the 25th consecutive year in 2013–2014 with a record total of almost 7.8 million. The survey also reports that girls' participation figures reached an all-time record total of 3,267,664—an addition of 44,941 participants.

Girls' Tennis

- 226 participating schools
 - 6,517 participants
 - 2 Championships
- Nationally:** 10,117 participating schools
184,080 participants

FYI Nationally, tennis ranks in the top 10 most popular sports for both girls (7th) and boys (8th).

Boys' Track and Field

- 436 participating schools
 - 16,488 participants
 - 2 Championships
- Nationally:** 16,271 participating schools
580,321 participants

FYI Track and field is the second most popular sport for boys nationwide and in Minnesota.

Girls' Track and Field

- 435 participating schools
 - 15,589 participants
 - 2 Championships
- Nationally:** 16,217 participating schools
478,885 participants

FYI Track and field is currently the most popular sport for girls nationwide. It ranks 2nd for girls in Minnesota.

Girls' Volleyball

- 458 participating schools
 - 16,102 participants
 - 3 Championships
- Nationally:** 16,217 participating schools
478,885 participants

FYI Volleyball is the most popular sport for girls in Minnesota. It ranks third for girls' nationwide.

Wrestling

- 346 participating schools
 - 8,236 participants
 - 3 Championships
- Nationally:** 10,668 participating schools
269,514 participants

FYI Wrestling is the 6th most popular sport for boys nationwide.

Cheerleading

- 226 participating schools
- 3,520 participants

Clay Target

- 200 participating schools
- 6,100 participants

FYI Minnesota is the only state association that sponsors Clay Target.

Robotics

- 186 participating teams
- 3,720 participants
- 1 Championship

FYI Minnesota is the first high school association in the country to host a state tournament in Robotics.

FINE ARTS

There were 80,206 students involved in fine arts activities—debate, speech, drama, music, and visual arts during the 2013–2014 school year.

Debate

- 71 participating schools
 - 536 participants
 - 2 Championships
- Nationally:** 26 state high school associations
sponsor debate

One Act Play

- 301 participating schools
 - 3,311 participants
 - 2 Championships
- Nationally:** 22 state high school associations
sponsor drama

Speech

- 317 participating schools
 - 5,188 participants
 - 2 Championships
- Nationally:** 25 state high school associations
sponsor speech events



Visual Arts

- 213 participating schools
 - 3,411 participants
- Nationally:** Minnesota and South Dakota are the only states that sponsor visual arts

Band

- 422 participating schools
- 31,631 participants

Orchestra

- 213 participating schools
- 3,832 participants

Vocal

- 427 participating schools
 - 32,277 participants
- Nationally:** 21 state high school associations
sponsor music

5 MOST POPULAR SPORTS IN MINNESOTA

BOYS

1. Football - 25,487
2. Track & Field - 16,488
3. Baseball - 13,480
4. Basketball - 13,282
5. Soccer - 8,958

GIRLS

1. Volleyball - 16,488
2. Track & Field - 15,613
3. Fast-Pitch Softball - 12,737
4. Basketball - 11,697
5. Cross Country - 8,688